



Bay Aerials Gymnastics
www.Bayaerials.com

Bee Happy
Bee Healthy
Bee Fit
Bee Here!

Summer at Bay Aerials

This summer our Camp Blast has been the biggest hit yet! We've been told it's because of the fabulous theme set ups, the crazy games and fun, and the Fabulous Coach Jenna! Every child leaves with a prize and an otter pop! Look for our **Special Holiday Camps** throughout the year!

Fall at Bay Aerials

This September's theme is Bee Happy, Bee Healthy, Bee Fit and Bee Here! Look for our Busy Bees through out the gym during the entire month of September!

Bay Aerials Boys Rule

Boys and more boys can be seen flipping, twisting , swinging, and tumbling all over our gym. For your convenience we've added more classes.

Fremont Flyers

If you have ever wanted to be on a Cheer Team? Everyone Welcome, All levels, Everyone makes the Team! Ages 5- up You may tryout any time. Cheer Tumbling classes for all ages. Our new Fremont Flyers All Star Team is gearing up for competition this season. Exciting! See coach Jenna and Crystal for more details.

Coming Soon! New at Bay Aerials...Fit and Flip

Classes for fitness and fun for all kids. A functional, dynamic, full body fitness class that incorporates every aspect of fitness, and of course FUN! Fit and Flip incorporates 8 fitness benchmarks - Cardiovascular endurance, strength, power, speed, flexibility, agility, balance, and coordination. Always functional, never boring, take Fit and Flip as a general fitness class or as a great way to enhance your performance in other sports like basketball, soccer, or swimming. Here in our gym run, climb, do handstands, pull-ups, core work...get strong! Get Fit!

Dance and Gym

Back again- it's Dance and Gym @ Bay Aerials. Coach Christella brings to us a resume filled with experience in dancing and choreography. Classes are ½ hour in the dance room and the other ½ hour jumping on trampolines and tumbling! She is just wonderful with the girls, young and older. Jazz, hip hop, ballet and Bollywood. Non stop fun... giggles and lots of expression! Take a trial class...

Compulsory Teams

Bay Aerials Level 4-6 Teams are gearing up for this season. Our little girls can be seen in the gym wearing their team leotards perfecting routines to music, and learning how to focus!! Cheer them on. You can visit their bulletin board for information about their local competitions including results.

Special Events

Parents Night Out: Busy Bees Back to School Party!

Saturday September 16, 2010 6:00-11pm Ages 4-up

\$25.00 if paid before/\$30.00 day of \$15.00 sibling/3rd sibling free! We promise a fun, family friendly place and Parents Night out is at the top of the list!



Bring a Friend Week September 20th-27th

Everyone is invited to bring a friend to class! No siblings please. Please try to let us know who you are bringing. Every child needs a trial waiver.

Red Line 500- October 9 and 10th. Bay Aerials Teams will host its very own Competition with gymnasts from all over California. Everyone is welcome. Come and cheer for our team. It is guaranteed to be a fun family event for all, and for any aspiring gymnasts.

Photo Week- October 11-16th Bring your cameras! We will invite you out on the floor to video or take pictures.

Ribbon Week- Every eight weeks everyone gets a ribbon. It's a great opportunity to view your child's skill sheet too! October 25-31st.

Birthday Parties- The grandest parties around. We have so much to do in our gym. Relay races, swings, trapeze, zip line, a birthday march and one humungous pit! Bay Aerials members get \$25.00 off. Be sure to sign up soon, dates fill up quick.

Make ups

Make up classes are Sat. at 12:00. You may also use your make up for a free open gym. Please schedule with the front desk. Your membership must be current and you must be enrolled in a class to use your make up.

Reminders:

- Bay Aerials has a new payment policy. Please pay before the 1st of the month. You will be late after that! Sign up for convenient Auto pay and never be late!
- Please dress your child accordingly. We suggest comfortable clothing without belts, buckles or buttons. No jewelry or hanging earrings. Bare feet is best.
- It is very important to make it a priority to be on time for class. Being late is a disruption for the teacher and the rest of the students. Give your child the opportunity to arrive on time, not rushed so they can talk with their friends and teachers before class!
- You may always ask to speak with your child's instructor. Leaving a message with your contact information is always best to ensure you will get the teachers full and undivided attention. Please do not come out onto the floor to speak with the teacher.

Thank you for your continued support. We value your trust and will continue to be innovative within our program while offering you the highest quality lessons, coaches, and facility.

We promise to teach your child in a fun, family friendly, and positive atmosphere.

Please let us know if there is anything we can do to make your experience better at Bay Aerials!